



# Anita Washington

*The Living Unashamed* Speaker & Success Coach

Available For: Seminars, Workshops, Break-Out Sessions, Retreats

## **PARTIAL LIST OF SPEAKING ENGAGEMENTS:**

Limestone College | Cowpens National Battlefield | Youth Opportunities Unlimited | Oconuluftee Job Corps Center | Lyndon B Johnson Job Corps Center | Anderson Educational Center | Kaseman, LLC | Virginia State Univ.

Phone: 202.520.2808 | Web: [www.ThatAnitaLive.com](http://www.ThatAnitaLive.com) | Email: [Anita@ThatAnitaLive.com](mailto:Anita@ThatAnitaLive.com)

## **PROFESSIONAL BIOGRAPHY**

Anita Washington, M.Ed. & MBA is the *Living Unashamed Speaker & Success Coach*, she teaches women to live unashamed of their secret story with an old soul and a comedic, honest voice. Anita uses many southern colloquialisms and colorful expressions to unwrap personal stories and relate them to principles and techniques. Through her powerful and uplifting blog posts and story packed speaking, your audience will learn how to make tough choices and fight to stay focused in the face of adversity. Anita challenges women to use the tools and resources they already have to reveal and release success blockers, build their confidence and turn adversity into adventure! She's a Personal Success Strategist, Women's Empowerment Expert and Inspirational Blogger and Speaker. You can find Anita at [ThatAnitaLive.com](http://ThatAnitaLive.com) and on [Twitter](https://twitter.com/ThatAnitaLive), [Facebook](https://facebook.com/ThatAnitaLive) and [Periscope @ThatAnitaLive](https://periscope.tv/ThatAnitaLive).

## **POPULAR SPEAKING TOPICS :**

### **Mastering Your Emotional Mess**

Learn tips and techniques to control the effects of baggage from past life events and experiences while developing self reliance and resilience.

### **Fighting Fear with Fierce**

Learn three classic principles to battle fear and develop a fierce perception of self while increasing confidence, self-esteem and self-care.

### **Health Privileges and Healing Pains**

Seasoned women know there comes a time when our bodies make involuntary changes. Learn three principles to accept those changes and appreciate your new kind of beautiful.

## **SPEAKING REVIEWS**

Fantastic! Anita didn't just speak but taught us with a charismatic spirit and a kind and considerate heart!

—Molly

Anita surpassed all our expectations! She was riveting, yet warm and engaging.

—Vernon

Outstanding! Anita has a very professional presence yet I felt like I was listening to a long lost family member.

—Robert